

SOCIAL WELFARE AND PHYSICAL THERAPY

Autumn 2020

| Course title | ECTS | Degree | Course code | Prerequisites | Subject area |
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| Value System in the Society | 4 | Bachelor | H120B116 | Not requested | Social Pedagogy Ethics |
| Antidiscriminatory Social Work | 4 | Bachelor | S214B107 | Basics of social work | Social Work |
| Family Dynamics and Disability | 3 | Bachelor | S215B101 | Not requested | Social pedagogy, psychology |
| Groups in Socioeducational Work | 4 | Bachelor | S283B013 | Necessary background knowledge of psychology | Social Pedagogy |
| Psychology of Communication and Conflicts | 5 | Bachelor | S215B120 | General Psychology | Psychology |
| Gerontology and Socioeducational Activity | 4 | Bachelor | B670B010 | Not requested | Social Pedagogy |
| Promotion of Psychosocial Health | 4 | Bachelor | S290B100 | Not requested | Social Medicine |
| Track and Field Athletics. Didactics | 3 | Bachelor | S273B182 | Anatomy and physiology of human body; Theory of Physical Education and Sport; Didactics of Physical Education. Practice; Movement Training. | Sport education |

| Subject area: Social Pedagogy | | | |
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| Status | Course code: H120B116 Course title: VALUE SYSTEM IN SOCIETY Taught by Odeta Šapelytė | | |
| Semester | ECTS credits | Languages | Duration |
| Autumn | 4 | English | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| Lectures–16 h Seminars–8 h Self-study – 83 h 2 teaching hours per week | 10-point scale | Not requested | Case study – 30% Reflection on action – 30 % Group research project – 40 % |
| Subject content | <p>Elaborating the problems of definition of values, change (in the context of different times and attitudes), to recognize own values as a future professional in relation with professional ethics; to analyse and critically estimate theories of social activity and their implementation while solving ethical dilemmas, conflicts in practical placements rendering empowering support for a person, their families in situations of disability and social exclusion.</p> <p>Applying various activating work methods during practical sessions, social problems originating in social, educational activities will be discussed; there will also be attempts to reveal students' existing social experience, develop reflections, metacognitive, personal, social, and intercultural competence</p> | | |
| Learning Outcomes | <ol style="list-style-type: none"> Will analyse the problem of the definition of values, transformation of values, ethical problems in the context of different times, attitudes, theoretical assumptions. Will critically analyse theories, their possibilities of implementation in the practice while solving ethical problems, also recognizing the proportion of real and declarative values in different social environment. | | |

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| | 3. Will analyse ethical problems and conflict in different socioeducational activities, with a person, group or community, while analyzing his/her own personal values, attitudes, ethical dilemmas while developing empowering socioeducational support |
| Literature | <ul style="list-style-type: none"> • Banks, S. (2006). <i>Ethics and values in social work</i>. Basingstoke : Palgrave • Barsky, A. E. (2010). <i>Ethics and values in social work: An integrated approach for a comprehensive curriculum</i>. Oxford University press. • Fox, W. (2006). <i>A theory of general ethics: human relationships, nature, and the built environment</i>. Cambridge (Mass.); London : MIT press • Gilman, Ch. P. (2004). <i>Social ethics: Sociology and the future of society</i>. Westport, Conn.; London: Praeger • Halstead, J. M. (2006). <i>Citizenship and moral education: Values in action</i>. London: Routledge • Hofstede, G. (2001). <i>Culture's consequences: comparing, values, behaviors, and organizations across nations</i>. Thousand Oaks • Johnson, W. B. (2008). <i>The elements of ethics: For professionals</i>. New York (N.Y.): Palgrave Macmillan • Rothman, J. (2011). <i>From the front lines: Student cases in social work ethics</i>. Boston (Mass.) : Allyn & Bacon |

Subject area: **SOCIAL WORK**

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| Status | Course code: S273B182 Course title: ANTIDISCRIMINATORY SOCIAL WORK Taught by Odeta Šapelytė | | |
| Semester | ECTS credits | Languages | Duration |
| Autumn | 4 | English | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| Lectures – 2 h/week Self –study 59 h | 10-point scale | Basics of social work | Case study - 40 % Group work – 20 % Exam - 30 % |
| Subject content | The main task of the subject – to identify situations/cases of discrimination and to demonstrate an ability reducing factors of oppression and enhancing individual's powers on the bases of social work ethics and values. Focus is on ability to work in multicultural environment, on ability to identify different forms of discrimination on the bases of gender, age, race, ethnicity, disability in social work and social rehabilitation practice with the purpose to elaborate antidiscriminatory social work practices' main principles and values. | | |
| Learning Outcomes | Will identify an individual's and groups' demands for support of an individual and/or community facing with oppression. | | |
| References | <ul style="list-style-type: none"> ▪ Thompson, N. (2006). <i>Anti-Discriminatory Practice: 4th Edition</i>. Palgrave Macmillan. ▪ Banks, S. (2006). <i>Ethics and Values in Social Work</i>. Basingstoke : Palgrave ▪ Zastrow, Ch. (2004). <i>Introduction to Social Work and Social Welfare: Empowering People</i>. Australia: Thomson Brooks / Cole. ▪ Ferguson, S. (2013). <i>Race, Gender, Sexuality, and Social Class: Dimensions of Inequality</i>. Thousand Oaks (Calif.): Sage ▪ Kumar, A. (2011). Disability, Rehabilitation and Social Control: A Foucauldian Perspective. <i>International Journal of Human Science</i>, 8,2, 400-409 | | |

Subject area: **Social Pedagogy**

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| Status | Course code: S215B101 Course title: FAMILY DYNAMICS AND DISABILITY Taught by: assoc. prof. Darius Gerulaitis | | |
| Semester | ECTS credits | Languages | Duration |
| Autumn | 3 | English, | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| 3 teaching hours per week | 10-point scale | | 10 laboratory works, 1 test, essay |
| Subject content | The main aim of the course is to present the global discourse of disability and family and social determinants in various theories and practice fields. Also, clarify the aspects of ideology, myths, stigma, that affect disability in social interaction processes. In the study process of the module "Family Dynamics and Disability" global discourse and context of disability and family are analyzed: politic, educational and social approaches to the disability are represented. Existing social participation situation of families with disabled children in Lithuanian context will also be analyzed. This leads to | | |

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| | recognize and try to model situation in aspects to help families and solve social problems. The main focus is on empowering partnership: both theoretical level and practical field. |
| Learning Outcomes | At the end of the course the students will be aware of such social integration and inclusion theories like normalization, social participation, involvement, inclusion, etc. and also some basic philosophical, educational theories, which ground the systemic approach to family and their social participation concept. Also, students will be sensitive to gender, ethnical, ethical equality principles and be able to apply knowledge and experience to practical situations. |
| Literature | Given at the start of the semester |

Subject area: Social Pedagogy

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| Status | Course code: S283B013 Course title: Groups in Socioeducational Work Taught by: Assoc. Prof. Albina Kepalaitė | | |
| Semester: | ECTS credits: | Languages: | Duration: |
| Autumn | 4 ECTS | English | 1 semester |
| Study hours | Assessment: | Prerequisites: | Examination: |
| 26 theory 22 - seminars | 10 point scale | Necessary background knowledge of psychology | Individual work - 30% Group work - 20% Final Examination - 50% |

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| Subject content | The aim of this course – to learn the main principles of group theory and practice, applying it to the specificity of the conditions of socioeducational work. Students will acquire theoretical background of the functioning of group, acquire the principles of group processes and their features, develop the skills of observation of group dynamic and leading group according group dynamic principles and structure. |
| Learning Outcomes | Demonstrate skills of choosing group works methods, according to group dynamics; evaluate group work positive and negative outcomes; reflect critically competencies in group work. |
| Literature | Given at the start of the semester |

Subject area: Psychology

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| Status | Course code: S215B120 Course title: Psychology of Communication and Conflicts Taught by: Lekt. A. Batūraitė | | |
| Semester: | ECTS credits: | Languages: | Duration: |
| Autumn | 5 ECTS | English | 1 semester |
| Study hours | Assessment: | Prerequisites: | Examination: |
| 22 theory 26 seminars | 10 point scale | General Psychology | project – 30%; non-traditional task– 20%; examination – 50% |

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| Subject content | The aim of the subject – to master the main principles of communication etiquette, interpersonal and business communication, its regularities, management of interpersonal conflicts, specific communication problems with people of various social groups . Students learn theoretical background of the psychology of communication, analyse the processes that take place in interpersonal relationship, conflict situations recognizing the roles of the participants of the conflict. While solving various situations of communication students learn to apply skills of conflict solving and intervention, use psychohygiene skills in their work. Students gain skills of evaluating person’s individual needs and planning individual services of social support. |
| Learning Outcomes | To master the main principles of communication etiquette, interpersonal and business communication, its regularities, management of interpersonal conflicts, specific communication problems with people of various social groups. |
| Literature | Given at the start of the semester |

Subject area: Social education

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| Status | Course code: B670B010 Course title: Gerontology and Socioeducational Activity Taught by: Prof. Liuda Radzevičienė |
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| Semester | ECTS credits | Languages | Duration |
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| Autumn | 4 | English | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| 2 teaching hours per week | 10-point scale | | |
| Subject content | This course aims to develop students' professional knowledge and practical skill-set and by the end of the course students should get knowledge in aging theories, psychosocial problems in aging process; social outcomes and meaning of aging for society; psychological crisis in aging, changes of social roles and peculiarities of communication with family and outside family. Negative attitudes of aging and theoretical issues of healthy aging let for the students to assess support opportunities critically. Myths of aging; discrimination of elderly people. Students should be able to identify problems of adaptation and socialization of elderly people and to organize, supporting social activities in the context of long life learning paradigms. | | |
| Learning Outcomes | During the course students gain knowledge about theoretical backgrounds of aging in modern society; gain ability to use knowledge in the social education and social work with elderly groups; gain skills to develop social activity of old people, to form positive attitudes to the aging processes; Special abilities let student to identify the forms of social, educational, cultural or economic problems of elderly persons and to organize help in different institutional and personal levels. On the ground of social paradigm students will be able to analyze aging situation and outcomes, dimensions of life quality and strategies of social support. Gained professional skills will lead to students' ability to evaluate educational, cultural, economic environment critically in the context of aging society; | | |
| Literature | Given at the start of the semester | | |

Subject area: **Social Medicine**

| Status | Course code: S290B100 Course title: Promotion of Psychosocial Health Taught by: Prof. Liuda Radzevičienė | | |
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| Semester | ECTS credits | Languages | Duration |
| Autumn | 4 | English | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| 4 teaching hours per week | 10-point scale | | |
| Subject content | Theoretical backgrounds of psychosocial health in the context of health and social sciences. Interdisciplinary of psychosocial health, definition and content. Reasons of disorders of psychosocial health. Social, economic, and education processes influencing status of person's psychosocial health. Factors of personality and their interaction with environment and psychosocial health. Environment and mental health. Dimensions of life quality and psychosocial health. Disorders of psychosocial health in different stages of age, influence on the processes of socialization. Education in promotion of psychosocial health. Educational environment and long life learning concept. Role of a specialist promoting psychosocial health. Principles of prevention of psychosocial health disorders. | | |
| Learning Outcomes | During the course students gain knowledge about theoretical backgrounds of psychosocial health in the context of health and social sciences; gain ability to use knowledge in the work with socially sensitive groups creatively developing their social activity, positive attitudes to the psychosocial health promotion activities. Special abilities let them identify forms and types of psychosocial disorders and organize help in different institutional and personal levels. On the ground of social paradigm students will be able to analyze situation of psychosocial health of socially sensitive groups, dimensions of life quality and strategies of social support. Gained professional skills will lead to students' ability to evaluate educational, cultural, economic environment critically in the context of promotion of psychosocial health; | | |
| Literature | Given at the start of the semester | | |

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| Status | Course code: S273B182 Course title: TRACK AND FIELD ATHLETICS. DIDACTICS Taught by: Lect. D. Razmaitė | | |
| Semester | ECTS credits | Languages | Duration |
| Autumn | 3 | English | 1 semester |
| Study hours | Assessment | Prerequisites | Examination |
| Lectures - 4 h Practice - 26 h Self –study 48 h | 10-point scale | Anatomy and physiology of human body; Theory of Physical Education and Sport; Didactics of Physical Education. Practice; Movement Training. | Individual practical work - 40 % Exam - 50 % Group work-10 % |

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| Subject content | The exercises of track and field athletics and their classification are analyzed. The choice of the exercises of different impacts is analyzed. The foundations of technique of the fights of track and field athletics are introduced. The training of the movements of track and field athletics is developed during the practices, emphasizing the consistency of teaching, specific errors and the ways of their elimination. During each practical activity, the students' physical abilities are developed. During the subject studies, it is strived to provide the knowledge of the conception of the content of track and field athletics fights and to form the practical skills of the application of track and field athletics fights. The results of the best athletes of Lithuania and the world are overviewed. The general regulations of the competitions, the facilities and organization of competitions of track and field athletics are introduced. The rules of track and field athletics fights are analyzed as well. |
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